

2010 Scheme

QP CODE: 203003

Reg. No.

Second Professional B.A.M.S (Part I) Degree Supplementary Examinations April 2023

Swasthavritta – II

Time: 3 hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays

(2x10=20)

1. Write Nirukti, Vyakhya and Types of Yoga. Describe Hatha Yoga in detail
2. Explain Family planning and describe family planning methods in detail

Short notes

(10x5=50)

3. Explain different definitions of Yoga
4. Yoga siddhikara and pratibandhakara bhava
5. Explain Chittavrittis
6. Procedure and Benefit of Bhujangasana and Shavasana.
7. Describe Mruttika chikitsa
8. Explain National Health Policy and the role of Ayurveda in it
9. Write various types of Massage
10. Explain National Blindness Control Programme
11. Explain the functions of AYUSH department at national and state levels
12. Explain antinatal care

Answer briefly

(10x3=30)

13. Functions of a PHC
14. Alma Ata declaration
15. Kumbhaka bhedas.
16. Indian Red Cross
17. Akasha upasana
18. What is NRHM
19. Mid-Day Meal Programme
20. Kapalabhati
21. Pratyahara
22. Ashta aishwaryas
